



WHAT IS RUBRACA® RUCAPARIB ?

- It is a cancer drug used in the treatment of some ovary, Fallopian tube or peritoneal cancers.
- Prescribed and renewed by your oncologist.
- Available in city pharmacies on presentation of your prescription.

Three doses available in bottles of **60 layered tablets** :

- **200 mg** : round, blue tablets bearing the inscription "C2"
- **250 mg** : white, diamond-shaped tablets, bearing the inscription "C25"
- **300 mg** : yellow, oval tablets, bearing the inscription "C3"




- Store it at a temperature not exceeding 30°C, out of the sight and reach of children.
- Do not take the tablets out of their packaging to put them in a pill-box.
- Wash your hands carefully before and after each handling of the tablets.
- Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE ?


To be filled up with the help of a healthcare professional**

Filles up with
.....

Regarding the prescription of the
...../...../.....

Dose per take mg = tablets of 200 mg
When ?h..... Andh..... tablets of 250 mg
How ?	 Swallow the tablets whole, with water, one after the other every day at the same moments of the day. Do not chew, cut nor crush or dissolve the tablets. tablets of 300 mg

..... tablets of 200 mg

..... tablets of 250 mg

..... tablets of 300 mg



Twice a day, with or without food

With an interval of about 12h

You can help yourself with your **tracking book** and a **calendar** in order to spot the takes:

Never stop or change the rhythm of your treatment without your doctor's advice.

** This file is not a prescription, please refer to your latest prescription.

WHAT TO DO IN CASE OF MISSING OR VOMITING?



In case of missing, do not take the missed dose, nor a double dose.

In case of vomiting, do not take a new dose.


Resume taking Rubraca with the next schedule dose and please note it in your recording book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FEEDING

Check with your doctor and your pharmacist that the medicines (prescribed or not) and/or other substances (food, plants, probiotics, essential oils, food supplements...) that you are taking are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.

WHAT SIDE EFFECTS MAY HAPPEN WITH RUBRACA® RUCAPARIB ?

In all cases, don't forget to have the biological tests prescribed by your doctor done.
Do not worry at reading these effects, you may not experience any.

Side effects	Prevention
Nausea and vomiting	Eat slowly and split up your feeding into several light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
Diarrheas, abdominal pains	Do not forget to drink at least 2 litres of water a day. Favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food that can speed up the intestinal transit (for example : Coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, fat, spices ...)
Skin eruptions ; Photosensitiveness; Pickling, swelling, redness and pain in the palms and soles	Use a mild, soap-free cleaner and a moisturizing cream.  Avoid exposure to the sun, protect yourself if you have to do it (clothes, total sunblock screen). Do not wear tight clothes. Avoid irritating activities for your hands, if possible, and bandaids, the standing position and prolonged walks. A visit at a chiroprapist's could be useful.
Fatigue, dizziness	Favor a healthy feeding and a sufficient hydration. Respect moments of rest during the day, but try to remain active even moderately. Be prudent if you have to drive.
Disruption of the blood situation	Make the blood tests prescribed by your doctor regularly.



Only the most frequent side effects are listed above. For more information, refer to the packaging leaflet or ask your doctor or pharmacist for advice.

WHAT TO DO IN CASE OF SIDE EFFECTS ?

- Take the prescribed medication for side effects in accordance with the doses.
- Inform your doctor from the first persisting signs.
- Respect measures of prevention.

Useful contacts:

Remarks :

Contact your doctor immediatly if :

- widespread skin eruption, itchings
- redness, swellings and pains in the palms and soles
- difficulty to breathe
- fever
- Any persisting or worsening side effect

