



WHAT IS XALUPRINE® MERCAPTOPYRINE ?

- Cancer drug used in the treatment of some leukemias
- Prescribed and renewed by your hospital doctor specialized in hematology
- Available in city pharmacies on presentation of your prescription.



- Oral suspension, from pink to brown, **dosed at 20mg/ml** (bottle of 100 ml)
- The box contains 1 glass bottle (tamper proof cap with child-proof packaging) , 1 adapter, 1 purple syringe graduated up to 1 ml, and 1 white syringe graduated up to 5 ml.



- After opening, **store** the bottle for a maximum of **56 days** at ambient temperature, out of sight and reach of children, preferably in a locked closet.




- In order to reduce risks of exposure, parents and health care people must wear disposable gloves. Women who are pregnant or liable to be must not handle the product

- Wash your hands carefully before and after each handling. In case of contact with the skin or the mucous membranes, wash the affected zone immediately with soap and water.



- Do not throw away the opened packaging, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take a day, at fixed hour, preferably in the evening, away from a meal or from having milk or dairy (at least 1 hour before or 2 hours after)
How ?		Shake the bottle vigourously for at least 30 seconds before administration. Have a glass of water right after.

You can help yourself with **your tracking book*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it .Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (**food, plants, among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.








- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **up to 3 months after the last take**.
- Stop breast feeding during the treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR XALUPRINE® MERCAPTOPURINE ?

Like all medicines, mercaptopurine may bring about side effects, although you may not experience any.

Side effects	Prevention
 Skin eruption, photosensitivity	Use a soap-free gel or hypoallergenic bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk). Avoid exposure to the sun, especially between 12h and 16h. Wear protecting clothes, even under a parasol (UVA reflection). Use a sun screen >50 (apply 30 minutes before exposure and renew every 2 h).
 Digestive effects : diarrheas, nausea, vomiting, loss of appetite	Remember to hydrate well (2l of water a day) ; rather drink between meals. Watch over your weight. In case of diarrhea , favor food that is poor in fibers (starchy food, carrots, bananas ...). Avoid some food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). Use salt with your food. In case of nausea/vomiting , make several small light meals and eat slowly. Avoid greasy, fried and spicy food, and those whose smell may trigger nausea. Avoid staying on an empty stomach as this may increase nausea. In case of vomiting , use the antiemetic medicines you have been prescribed.
 Mouth inflammation	Use a soft tooth brush and a menthol-free tooth paste without additives. Hydrate your lips (ask your pharmacist for advice, especially if you are treated with oxygenotherapy) and stimulate your saliva (ice cubes, sorbets). Favor blended food and liquids. Avoid alcohol, tobacco, coffee and acid, salted , irritating, spicy or crunchy food. Use the pain-killers and make the mouth washing you have been prescribed.
 Anemia, leucopenia , thrombopenia	Anemia : contact your doctor in case of paleness, shortness of breath during effort, or even at rest, persisting fatigue, palpitations, dizziness and head aches. Leucopenia : contact your doctor in case of a fever over 38°C, cough, short or painful breathing, pain in motions or smelly urines, change in the nature/frequency of motions (diarrheas, constipation), or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube or the urinary catheter. Thrombopenia : contact your doctor in case of small red spots on the skin, bruises, nose bleeding, small eye or gum haemorrhages, presence of blood in urines or motions.
 Risk of infection	Limit contacts with people with a contagious infection. Wash your hands regularly. Disinfect carefully any wound. Contact your doctor in case of a temperature over 38°C, cough, short or painful breathing, pain in motions or smelly urines, change in the nature/frequency of mictions (diarrheas, constipation), or in case of redness, pain or oozing around the central catheter, the parenteral feeding tube or the urinary catheter.

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question to [center for side effects monitoring](https://www.signalement-sante.gouv.fr) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://www.signalement-sante.gouv.fr)



In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses
- Respect measures of prevention.

Useful Contacts :

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, shivers, urinary burns, sore throat...)
- bruising or unexplained bleeding
- Yellow or yellowish colouring of your skin or eyes
- Any persisting or worsening side effect.



Remarks :
