



WHAT IS TALZENNA® TALAZOPARIB ?

- Cancer drug used in the treatment of some breast cancers
- Prescribed and renewed by your hospital doctor specialized in cancerology or in medical oncology.
- Available in city pharmacies on presentation of your prescription.





Opaque capsules ; available in 2 different measurings :

- **0,25 mg** : ivory cover (bearing Pfizer in black) and white body (bearing « TLZ 0.25 » in black)
- **1 mg** : light red cover (bearing PFIZER in black) and white body (bearing « TLZ 1 » in black)



- Store it at a temperature not over 25°C, out of sight and reach of children
- Do not get the capsules out of the bottle to put them in a pill-box.
- Wash your hands carefully before and after each handling of the capsules
- Do not throw away the opened packaging, please bring them back to your pharmacist

HOW TO TAKE THIS MEDICINE?


When ?h.....	= 1 take a day at a fixed hour, during or away from a meal
How ?		Swallow the capsule(s) whole, with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the capsules 

You can help yourself with **your tracking book*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.
** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?

- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD

 Check with **your doctor and pharmacist** that the medicines (with or without prescription) and/or other substances (food, spices and plants, **among which grapefruit, St John's Wort and turmeric (curcuma)**, probiotics, essential oils, food supplements...) and other by-products that you are taking are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency and an eventual outcome of side effects.






- You and your partner must use efficient contraceptive methods (condoms and one other, non-hormonal means) during the whole treatment and **up to 7 months after the last take for women and up to 4 months after the last take for men**.
- Stop breast feeding during the treatment and **up to 4 weeks after the last take**.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr




WHAT SIDE EFFECTS WITH TALZENNA® TALAZOPARIB ?

Like all medicines, talazoparib may bring about side effects, although you may not experience any.

Sides effects	Prevention
 Hair loss	Use a large comb or a soft, natural bristles, brush. Choose a mild shampoo, rinse your hair in tepid water and let it dry in the open air or at a low temperature. Avoid blow-drying, hair setting, perms and dyeing which weaken your hair.
 Head aches, fatigue	Drink sufficiently (at least 1,5 / 2 litres of water a day) and favor healthy food, at regular hours. Limit psychostimulants (coffee, tobacco and alcohol). Respect moments of rest during the day while remaining active, even moderately. Go to bed at a regular hour ; avoid late beddings, lying in bed. Be prudent if you have to drive.
 Digestive effects : diarrhea, abdominal pains, nauseas, vomiting , loss of appetite	<p>Watch over your weight and remember to hydrate well (1,5 / 2 litres of water a day).</p> <p>In case of diarrhea, favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food which may stimulate your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices).</p> <p>In case of nauseas/vomiting, make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food as well as those which may trigger nauseas. Avoid staying on an empty stomach as this may accentuates nauseas. Rather drink between meals. Take the antiemetic medicines you have been prescribed, eventually.</p>
 Mouth Inflammation	Use a soft toothbrush and a menthol-free toothpaste without additives . Hydrate your lips (ask your pharmacist for advice, especially if you are treated with oxygenotherapy). Stimulate your saliva (ice cubes, sorbets...). Favor blended food and liquids. Avoid alcohol, tobacco, coffee and acid, salted, irritating, spicy or crunchy food. Take painkillers. Make the mouth washings you have been prescribed (not with an alcoholic solution).
 Decrease in red blood cells, in white blood cells and in platelets.	<p>Drop in red blood cells . Contact your doctor in case pf paleness, short breath in effort or even at rest, persisting fatigue, heart throbs, dizziness and headaches.</p> <p>Drop in white blood cells. Contact your doctor in case of a temperature over 38°C, shivers, sweatings, cough, short breath or painful breathing, urinary burns, diarrhea with fever and any sign suggesting an infection.</p> <p>Drop in platelets. Contact your doctor in case of an outcome of small red dots on your skin, bruises, nose bleedings, small eye or gum bleeding, or presence of blood in urine or motion.</p>

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](https://www.centre-maladies-rare.fr/) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://signalement-sante-gouv.fr)

 In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S)?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Useful contacts :

Remarks :

Promptly contact your doctor in case of :

- Signs of infection (fever, shivers, cough, urinary burns...)
- Shortness of breath, important fatigue, pale skin
- Bruises or important bleedings
- Any persisting or worsening side effect.

