



## WHAT IS TAFINLAR® DABRAFENIB ?

- Cancer drug used in the treatment of some types of melanomas and bronchial cancers.
- Prescribed and renewed by your doctor specialized in oncology and cancerology.
- Available in city pharmacies on presentation of your prescription.



2 measurings are available : 50 mg and 75 mg, in bottles of 120 capsules

- Dark red opaque capsule dosed at 50 mg, bearing « GS TEW » and « 50 mg »
- Dark pink opaque capsule dosed at 75 mg, bearing « GS LHF » and 75 mg »



- Store it at a temperature not over 30°C , out of sight and reach of children.



- Do not get the capsules out of the bottle to put them in a pill-box.



- Wash your hands carefully before and after each handling of the capsules.

- Do not throw away the opened boxes, please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE?





To be filled with the help  
of healthcare\*\*

Informed by

with

...../...../.....

Dose	..... mg at .....h.....	..... capsules at 50 mg and ..... capsules at 75 mg
	..... mg at .....h.....	..... capsules at 50 mg and ..... capsules at 75 mg
= ..... mg a day in two takes per day, at fixed hour <u>away from meals</u> ( 1 hour before or 2 hours after the meal )		
How?	 Swallow the capsules whole, with water, successively, every day at the same moment of the day. Do not chew, nor open , crush or dissolve the capsules. 	

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

\*\* This file is not a prescription ; refer to your latest prescription..

## WHAT TO DO IN CASE OF MISSING OR VOMITING



**In case of missing over 6 hours before your next dose**, take the missing dose immediately and resume your treatment as usually. **In case of missing in less than 6 hours before the next dose**, do not take the missed dose, nor any double dose. Do not forget to note it in your tracking book\*.



**In case of vomiting**, do not take a new dose and do not double the next dose. The next dose will be taken at the usual hour. Please note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) and/or **other substances (food, plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...)** that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.










- You and your partner must use efficient contraceptive methods (condoms and other method) during the whole treatment, and **up to 2 weeks after the last take**.
- Breast feeding is not advisable during the treatment ; check with your doctor.

\*Tracking book available on sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDE EFFECTS MAY HAPPEN WITH TAFINLAR® DABRAFENIB ?

Like all medicines, dabrafenib may cause side effects, even though you may not experience any.

	Side effects	Prevention
	Nauseas, vomiting, loss of appetite	Eat slowly, and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
	Diarrheas, abdominal pains	Do not forget to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers (starchy food, carrots, bananas...) Avoid some food that may increase intestinal motion (coffee , frozen drinks, dairy, alcohol, raw fruit and vegetables, cereals, fat food, spices...) Rather drink between meals. Watch your weight regularly.
	Skin eruptions, dryness, redness or pains at hands and feet	Use a mild, perfume-free soap and a hydrating agent (cream or milk). Avoid hot water. Dab your skin dry. Avoid exposure to the sun and protect yourself eventually (covering clothes, hat, sun cream>50) . Contact your doctor in case of skin trouble.
	Pains at joints and muscles	Do not forget to hydrate frequently. Take moments of rest and take light exercise (walking) . Avoid repetitive movements and strenuous physical effort. In case of important pains, contact your doctor to set up a symptomatic treatment.
	Saignements inhabituels, hématomes	Utilisez une brosse à dent souple pour éviter les saignements buccaux. Evitez l'utilisation d'un thermomètre rectal. Ne prenez ni aspirine, ni anti-inflammatoire (ex : ibuprofène) sans avis médical. En cas de saignement de nez, penchez la tête en avant en exerçant une légère pression sur vos narines.
	Unusual bleedings, bruises	Use a soft toothbrush to avoid mouth bleedings. Avoid using a rectal thermometer. Do not take aspirin, nor anti-inflammatory drugs (ibuprofen) without medical advice. In case of nose bleeding, tilt your head forward while softly pressing your nostrils.
	Fatigue, dizziness, headaches	Favor healthy food, and do not forget to hydrate well. Respect moments of rest during the day while remaining active, even moderately. In case of important pains, contact your doctor to set up a symptomatic treatment. Be prudent if you have to drive.

Only some of the most frequent side effects are mentioned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.

You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : [signalement-sante.gouv.fr](http://signalement-sante.gouv.fr)

In all cases, do not forget to make the biological tests prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention

**Useful contacts:**

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**Remarks :**

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**Promptly contact your doctor** in case of :

- Change in the skin and mucous membranes
- Sight troubles ( blurred vision, red and irritated eyes)
- Blood in motions, urines or spittings
- Fever over 38°C
- Heart problems ( heart racing, swelling of legs)
- Abdominal pains, dark urines
- Any persisting or worsening side effect.

