



WHAT IS TASIGNA® NILOTINIB ?

- Cancer drug used in the treatment of chronic myeloidic leukaemia
- Prescribed and renewed by your hospital doctor specialized in oncology, hematology or cancerology. Prescription issued by a hospital specialist every 6 months at least.
- Available in city pharmacies on presentation of your prescription.

Three different forms are available :

- **50 mg** : capsule with a red cover bearing « NVR/ABL » in black and a light yellow body
- **150 mg** : red capsule, bearing « NVR/BCR » in black
- **200 mg** : light yellow capsule, bearing « NVR/TKI » in red




- Store it at a temperature not over 30°C, out of sight and reach of children.
- Do not get the capsules out of their packaging to put them in a pill-box.
- Wash your hands carefully before and after each handling of the capsules.
- Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?


To be filled with
the help of
healthcare
professional**

Informed by
.....
Following
prescription dated
...../...../.....

Dose mg ath = capsule(s) at..... mg et capsule(s) at mg
 mg ath = capsule(s) at mg et capsule(s) at mg
= mg per day, in 2 takes a day, at a fixed hour away from meals (1 hour before or 2 hours after a meal)	
How ?	Swallow the capsules whole, with water, successively, every day at the same moment.  If you can not swallow the capsules, you can sprinkle the content into a tea spoon of apple compote and swallow it immediately.

You can help yourself with **your tracking book* and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual time, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) and/or **other substances (food, plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...)** that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.











- You and your partner must use efficient contraceptive methods (condoms and another method) during the whole treatment **and up to 2 weeks after the last take**.
- Stop breast feeding during the treatment **and up to 2 weeks after the last take**.

*Tracking book available on sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr


WHAT SIDE EFFECTS MAY OCCUR WITH TASIGNA® NILOTINIB ?

Like all medicines, Nilotinib may bring about side effects, although you may not experience any.

Side effects	Prevention
 Nauseas, vomitings	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
 Diarrheas, abdominal pains	Remember to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers (starchy food, carrots, bananas...). Avoid food that may speed up your intestinal transit (coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, cereals, fat food, spices...). Rather drink between meals. Watch your weight regularly.
 Constipation	Remember to hydrate well : at least 2 litres of water a day. Favor food that is rich in fibers (green vegetables, fruit and dried fruit). Take regular exercise.
 Fatigue, headaches	Favor healthy food and remember to hydrate well. Respect moments of rest during the day while remaining active, even moderately. In case of important pains, contact your doctor in order to set up a symptomatic treatment. Be prudent if you have to drive.
 Swelling of the face and limbs	Avoid tight clothes. Favor low-salted food. In case of a swelling of the legs, raise your feet when sitting and wear support-socks. Watch over your weight regularly.
 Skin eruption, itchings	Use a mild, perfume-free soap and a hydrating agent (cream or milk). Avoid hot water. Dab your skin dry. Avoid exposure to the sun and protect yourself if necessary (protecting clothes, hat, sun cream>50) . Inform your doctor in case of skin trouble..
 Pains in muscles and joints	Hydrate yourself frequently. Take moments of rest and light exercise (walking). Avoid repeating the same movements and strenuous physical effort. In case of important pains, contact your doctor in order to set up a symptomatic treatment.
 Hair loss	This alopecia is reversible as soon as the treatment stops. Use a large comb or a soft brush. Use a mild shampoo, rinse your hair in tepid water and let them dry in the open air or at a low temperature. Avoid weakening your hair with blow-drying, hair settings, perms and dyeing.

Only some of the most frequent side effects are mentionned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.

You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr

 In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Useful Contacts :

Remarks :

Promptly contact your doctor in case of :

- Saignements, tendance à faire des hématomes
- Bleedings, tendency for bruises.
- Fevers, shivering
- Fast and unexpected increase in weight, swelling of feet and hands.
- Abdominal pains
- Pains in muscles
- Heart rushing, sickness
- Any persisting or worsening side effect.

