



## WHAT IS ODOMZO® SONIDEGIB ?

- A targeted therapy used in the treatment of some skin cancers, called basal cell carcinomas.
- Prescribed and renewed by your hospital doctor specialized in oncology or in medical cancerology.
- Available in city pharmacies on presentation of your prescription.



- Pink capsule, dosed at **200 mg**, bearing « NVR » at the top, and « SONIGEDIB 200MG » on the body.



- Store it at a temperature not over 30°C, out of sight and reach of children.





- Do not get the capsules out of their blister to put them in a pill-box



- Wash your hands carefully before and after each handling of the capsules.

- Do not throw away the opened packagings, please bring them back to your pharmacist.

## HOW TO TAKE THIS MEDICINE?

When ?	.....h.....	<b>= 1 take a day, at a fixed hour, away from meals</b> ( at least 2 hours after a meal and at least 1 hour before the next meal).
How ?		Swallow the capsules whole, with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the capsules 

You can help yourself with **your tracking book\*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

\*\* This file is not a prescription ; refer to your latest prescription..

## WHAT TO DO IN CASE OF MISSING ?



- **In case of missing in less than 6 hours**, take the missed dose. The next dose will be taken at the usual hour. Please note it in your tracking book\*.
- **In case of missing in over 6 hours**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book\*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book\*.

## INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with **your doctor and your pharmacist** that the medicines ( with or without prescription) and/or other substances ( food, spices and plants, among which **grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking **are compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency and the eventual outcome of side effects.











- You and your partner must use efficient contraceptive methods ( condoms and one other means) during the whole treatment and **up to 20 months after the last take** if you are a woman of childbearing age, and **up to 6 months after the last take** if you are a man ( even in case of vasectomy )
- Stop breast feeding during the whole treatment and **up to 20 months after the last take**.

Male and female fertility may be affected during the treatment with sonigedib. Your doctor may inform you about the possibility of storing sperm and ovocytes before initiating the treatment.

\*Tracking book available on the sites [www.omeditbretagne.fr](http://www.omeditbretagne.fr) or [www.omedit-paysdelaloire.fr](http://www.omedit-paysdelaloire.fr)

# WHAT SIDES EFFECTS MAY OCCUR WITH ODOMZO® SONIDÉGIB ?

Like all medicines, sonidegib may bring about side effects, although you may not experience any.

Sides effects	Prevention
 Hair loss	Use a large comb or a smooth natural bristles hair brush. Choose a mild shampoo, rinse your hair in tepid water and let it dry in the open air or at a low temperature . Avoid blow drying, hair setting, perms and dyeing as this weakens your hair.
 Itchings	Apply cooling pads on the affected areas ( do not apply lotions with alcohol). Wear light and ample cotton clothes. Use a hypoallergenic, soap-free gel. Avoid hot water. Dab your skin dry. Apply a hydrating agent ( cream or milk). Trim your nails short ( use a file rather than a nail-clipper).
 Headaches, fatigue	Hydrate yourself in sufficient quantity ( 1,5 to 2 litres of water a day) and favor healthy food, at regular hours. Limit psychostimulants ( coffee, tobacco, alcohol). Respect moments of rest during the day while remaining active , even moderately. Have regular bedding hours ; avoid late beddings, and sleeping in. Be prudent if you have to drive.
  Constipation, diarrhea, nausea, vomiting, loss of appetite	Watch over your weight and remember to hydrate well ( 1,5 / 2 litres of water / day). <b>In case of constipation</b> , favor food that is high in fibers ( bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. <b>In case of diarrhea</b> , favor food that is low in fibers ( starchy food, carrots, bananas). Avoid food that may stimulate your intestinal transit ( dairy, raw fruit and vegetables, cereals, fat food, spices). <b>In case of nausea/vomiting</b> , make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. Rather drink between meals. Take the antiemetic medicines you have been prescribed eventually.
 Pains in muscles	Remember to hydrate well before, during and after effort. Take regular and adapted physical exercise. ; warm up beforehand.
	<p>Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.</p> <p>You can also ask your question ask your question to <a href="https://www.centre-antitumoral.org/fr/centre-antitumoral">center for side effects monitoring</a> or notify any side effect on the following site : <a href="https://signalement-sante-gouv.fr">signalement-sante-gouv-fr</a></p>
	In all cases, remember to make the biological tests you have been prescribed by your doctor.

## WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effect in accordance with the doses.
- Respect measures of prevention.
- Show a health care professional the patient's alert card provided with your medicine packaging.

**Promptly contact your doctor** in case of :

- Cramps or pains in muscles, or severe weakness in muscles.
- Dark urines, decrease in urinary output or absence of urine
- Signs of infection ( fever, cough, shivers, urinary burns...)
- Any persisting or worsening side effect.



**Useful contacts :**

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**Remarks :**

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