



WHAT IS QINLOCK® RIPRETINIB ?

- Targeted therapy used in the treatment of some cancers of the digestive system
- Prescribed and renewed by your hospital doctor specialized in oncology or in medical cancerology.
- Available in hospital pharmacy on presentation of your prescription.



Oval tablet, between white and off white, bearing « DC1 » on one side



- Store at a temperature not over 30°C, out of sight and reach of children.




- Do not get the tablets out of the bottle to put them in a pill-box



- Wash your hands carefully before and after each handling of the tablets

- Do not throw away the opened packagings, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?h.....	= 1 take a day at a fixed hour, during or away from a meal.
How ?		Swallow the tablets whole, with water, every day at the same moment of the day. Do not chew, nor cut, crush or dissolve the tablets.

You can help yourself with **your tracking book*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing in less than 8 hours** : take the missed dose. The next dose will be taken at the usual hour. **In case of missing in over 8 hours** : do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD

Check with **your doctor** and **your pharmacist** that the medicines (with or without prescription) and/or other substances (food, spices and plants, **among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and other by-products that you are taking **are compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and affect its efficiency and the outcome of side effects.











- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment and **for at least 1 week after the last take**.
- Stop breast feeding during the treatment and **for at least one week after the last take**.



*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr


WHAT SIDE EFFECTS MAY OCCUR WITH QINLOCK® RIPRETINIB ?

Like all medicines, ripretinib may bring about side effects although you may not experience any.

Side effects	Prevention
 <p>Hair loss</p>	<p>This alopecia is reversible as soon as you stop the treatment. Use a large comb or a soft natural bristles brush. Choose a mild or revitalizing shampoo, rinse tout hair in tepid water and let it dry in the open air or at a low temperature. Avoid blow-drying, hair setting, perms and dyeing which weaken your hair.</p>
 <p>Digestive effects : constipation, diarrhea, nausea, vomiting, loss of appetite, loss of weight</p>	<p>Watch over your weight and remember to hydrate well (1,5 to 2 litres of water a day). In case of constipation, favor food that is high in fibers (bran, cereals, wholemeal bread, green vegetables, fruit and dried fruit) and take regular physical exercise. In case of diarrhea, favor food that is low in fibers (starchy food, carrots, bananas...). Avoid food which may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices ...). In case of nausea/vomiting, make several small light meals during the day and eat slowly. Avoid greasy, fried and spicy food, as well as those whose smell may trigger nausea. Avoid staying on an empty stomach as this increases nausea. Rather drink between meals. Take the antiemetic medicines you have been prescribed, if needed.</p>
 <p>Pains in joints</p>	<p>Take regular and adapted physical exercise (walking, swimming). Help yourself with a stick in order to relieve the joints. Avoid repetitive gestures and strenuous physical effort.</p>
 <p>Pains in muscles</p>	<p>Remember to hydrate well before, during and after effort. Take regular and adapted physical exercise ; remember to warm up before.</p>
 <p>Difficulty to breathe (cough, short breath)</p>	<p>Take abdominal breathing exercises and relaxation exercises (sophrology, yoga, tai chi). Make time for a sound planning of your everyday activities. Avoid factors which may trigger short breathing (tobacco, perfume animal hairs...). Contact your doctor in case of persisting symptome, pain in the chest or fever.</p>
 <p>Swelling, burning sensations in hands /feet</p>	<p>Use a gel or a soap-free hypoallergenic bar. Avoid hot water. Dab your skin dry. Apply a hydrating agent (cream or milk) . Take fresh water baths (15 minutes) or apply a cold bag/ or ice bag (no direct contact with the skin). Wear gel soles in order to keep your feet in contact with a source of freshness.</p>
 <p>Headaches</p>	<p>Remember to hydrate well. Eat at regular hours, don't skip a meal. Avoid tobacco and alcohol (as they trigger headaches). Avoid late beddings and laying in ; have long enough night's sleeps.</p>
 <p>Swelling of limbs</p>	<p>Keep eating low-salted food. Avoid tight clothes. In case of swelling of legs, raise your feet when sitting. Wear support stockings and put them on when rising on rested legs. Watch over your legs regularly. In case of an outbreak of such swelling, contact your doctor.</p>

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question to [center for side effects monitoring](https://www.signalement-sante.gouv.fr) or notify any side effect on the following site : [signalement-sante-gouv-fr](https://www.signalement-sante.gouv.fr)

 In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects, in accordance with the doses.
- Respect measures of prevention.

Useful contacts :

Remarks :

Promptly contact your doctor in case of :

- Redness, pain, swelling or blisters on your palms or soles.
- Headaches, dizziness or faintings which may be signs of a high blood pressure.
- Important fatigue, shortness of breath, swelling of feet and/or ankles.
- Any persisting or worsening side effect.

