



WHAT IS HYCAMTIN® TOPOTÉCAN ?

- Cancer drug used in the treatment of some lung cancers
- Prescribed and renewed by your hospital doctor specialized in oncology, medical cancerology or hematology.
- Available in city pharmacies on presentation of your prescription



Two presentations are available :

- Capsule dosed at **0,25 mg** , opaque, white , bearing « HYCAMTIN » and « 0,25 mg »
- Capsule dosed at **1 mg** , opaque, pink, bearing « HYCAMTIN » and « 1 mg »



• Store in the fridge between +2°C and +8°C, out of sight and reach of children



• Do not get the capsules out of the box to put them in a pill-box

• Wash your hands carefully before and after each handling of the capsules.



• Do not throw away the opened boxes, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?

When ?

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= **1 take a day for 5 days, at fixed hour, during or away from a meal.**



Swallow the capsules whole , with water, every day at the same moment of the day.

Do not open, nor chew, or cut or crush the capsules



How ?

To get the capsule out of the blister :

Tear off the blister following the pre-cut lines

Lift, then loosen the external film of the cup, beginning by the coloured corner.

Delicately push the capsule out on one end

Do not use the capsules if you see that they are breached or that they leak.

You can help yourself with **your tracking book*** and a **calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING?



- **In case of missing**, do not take the missed dose. The next dose will be taken at the usual hour, without doubling it. Please note it in your tracking book*.
- **In case of vomiting**, do not take a new dose. The next dose will be taken at the usual hour without doubling it. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without prescription) and/or other substances (**food, plants, among which grapefruit and St John's Wort**, probiotics, essential oils, food supplements...) and by-products that you are using are **compatible with your treatment**. The molecules they contain, their measuring and consuming frequency may interact with your treatment and condition its efficiency.










- You and your partner must use efficient contraceptive methods (condoms and one other means) during the whole treatment.
- Stop breast feeding during the treatment.

*Tracking book available on the sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr


WHAT SIDE EFFECTS MAY OCCUR WITH HYCAMTIN® TOPOTÉCAN ?

Like all medicines, Topotécan can bring about side effects, although you may not experience any.

Side effects	Prevention
 Hair loss	This alopecia is reversible as soon as the treatment stops. Use a large comb or a smooth natural bristles hairbrush. Use a mild or revitalizing shampoo, rinse your hair in tepid water and let it dry in the open air or at a low temperature. Avoid blow-drying, hair settings, perms and dyeing, which weaken your hair.
 Diarrheas	Drink sweet and /or salted drinks : water, tea with sugar, sodas, soups. Avoid waters that are rich in magnesium (CONTREX, HEPAR), coffee, frozen drinks. Favor food that is poor in fibers (starchy food, carrots, bananas...) ; avoid food that may speed up your intestinal transit (dairy, raw fruit and vegetables, cereals, fat food, spices). Wash your hands regularly. Watch over your weight. In case of a fever with diarrhea, or symptoms persisting over 5 days, contact your doctor.
 Nauseas, vomiting	Make several small light meals and eat slowly. Avoid fat, fried and spicy food, and those whose smell may trigger nauseas. Rather drink between meals (fresh sparkling water help diminish nauseas). Avoid staying on an empty stomach as that may increase nauseas. Do not lie down within 30 minutes following a meal. In case of vomitings, take the antiemetic medicines you have been prescribed.
 Anemia, leucopenia, neutropenia, thrombopenia	- <i>Anemia</i> : contact your doctor in case of paleness, short breath during effort, or even at rest, persisting fatigue, palpitations, dizziness and head aches. - <i>Leucopenia/neutropenia</i> : contact your doctor in case of signs of infection (see below). <i>Thrombopenia</i> : contact your doctor in case of small red dots on your skin, bruises, nose bleeding, small eye or gum haemorrhages, presence of blood in urines or motions.
 Difficulty to breathe (cough, shortness of breath)	Avoid factors that may trigger shortness of breath (tobacco, perfume, animal hairs ...). Contact your doctor in case of persisting symptoms, or pains in the chest or fever.
 Risk of infection	Limit contacts with people with a contagious infection. Wash your hands regularly. Disinfect any wound carefully. Contact your doctor in case of a fever over 38°C, cough, short or painful breath, pain when urinating or smelly urines, or in case of a change in the nature and frequency of motions (if diarrheas or constipation).
 Fatigue	Favor healthy feeding. Limit having psychostimulants (coffee, tobacco, alcohol). Be prudent if you have to drive. Respect moments of rest during the day while remaining active even moderately. Go to bed at a regular time and sleep long enough.

Only some of the most frequent side effects mentioned above. For further information, please refer to your medicine leaflet or ask your doctor or pharmacist for advice.

You can also ask your question ask your question to [center for side effects monitoring](#) or notify any side effect on the following site : signalement-sante-gouv.fr

 In all cases, remember to make the biological tests prescribed by your doctor.

WHAT TO DO IN CASE OF SIDE EFFECT(S) ?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Useful contacts :

Promptly contact your doctor in case of :

- Signs of infection (fever, cough, shivers, urinary burns...)
- Lung symptoms (cough, fever, difficulty to breathe)
- Over 3 diarrheas / day and/or severe abdominal pains.
- Any persisting or worsening side effects.



Remarks :
