



WHAT IS TAFINLAR® DABRAFENIB ?

- Cancer drug used in the treatment of some types of blood and brain cancers.
- Prescribed and renewed by your hospital doctor specialized in hematology or in oncology.
- Available in hospital pharmacies, after permission.



Bottles of dissolvable tablets of 10 mg dabrafenib.



- Store it at a temperature not over 25°C, out of reach and sight of children.



- Do not get the tablets out of the bottle to put them in a pill-box.



- Wash your hands carefully before and after each handling of the tablets.

- Do not throw away the opened bottles, please bring them back to your pharmacist.

HOW TO TAKE THIS MEDICINE?



To be filled with the help
of healthcare**

Informed on

.....
Following prescription
dated
...../...../.....

Dose

..... mg ath.....

= tablets at 10 mg

..... mg ath.....

= tablets at 10 mg

= mg a day in two takes per day, at fixed hour, away from meals
(one hour before or two hours after the meal)

How ?



Put the number of prescribed tablets in a transparent glass. In another glass containing water, draw 5ml, 10ml or 20ml with a syringe. Add the water into the glass containing the tablets and mix for 3 minutes until complete dispersion. Have the drinkable suspension (straight from the glass or with the syringe) within the 30 minutes following the preparation. Rinse the glass with 5ml and have the remainder.

You can help yourself with **your tracking book and a calendar** to spot the takes. Never stop or change the rhythm of administration of your treatment without your doctor's advice.

** This file is not a prescription ; refer to your latest prescription..

WHAT TO DO IN CASE OF MISSING OR VOMITING ?



- **In case of missing in more than 6 hours before the next dose**, take the missed dose right away and resume your treatment as usual. **In case of missing less than 6 hours before the next dose**, do not take the missed dose, nor any double dose. Remember to note it in your tracking book*.



- **In case of vomiting**, do not take a new dose and do not double the following take. The next dose will be taken at the usual hour. Please note it in your tracking book*.

INTERACTIONS WITH OTHER MEDICINES AND/OR FOOD



Check with your **doctor and your pharmacist** that the medicines (with or without **prescription**) and/or **other substances** (food, plants, among which grapefruit and St John's Wort, probiotics, essential oils, food supplements...) that you are using are compatible with your treatment. Some interactions may have an influence on the efficiency of your treatment or the outcome of side effects.










- You and your partner must use efficient contraceptive methods (condoms and an other method) during the whole treatment and **up to 2 weeks after the last take**.
- Breast feeding is not advisable during the treatment. See your doctor about this.

*Tracking book available on sites www.omeditbretagne.fr or www.omedit-paysdelaloire.fr

WHAT SIDE EFFECTS MAY OCCUR WITH TAFINLAR® DABRAFENIB ?

Like all medicines, dabrafenib may have side effects, although you may not experience any.

	Side effects	Prevention
	Nauseas, vomiting, loss of appetite	Eat slowly and make several small light meals. Avoid greasy, fried and spicy food. Rather drink between meals.
	Diarrheas, abdominal pains	Remember to hydrate well : at least 2 litres of water a day. Favor food that is poor in fibers (starchy food, carrots, bananas...) Avoid some food that may speed up your intestinal transit (coffee, frozen drinks, dairy, alcohol, raw fruit and vegetables, cereals, fat food, spices...). Rather drink between meals. Watch over your weight regularly.
	Skin eruptions, dryness, redness or even pains at hands and feet	Use a mild, perfume-free soap and a hydrating agent (cream or milk). Avoid hot water. Dab your skin dry. Avoid exposure to the sun and protect yourself eventually (protecting clothes, hat, sun cream >50). Call your doctor in case of skin troubles.
	Pains in muscles and joints	Hydrate frequently. Take moments of rest and take light exercise (walking). Avoid repeated movements and strenuous physical effort . In case of important pains, contact your doctor to set up a symptomatic treatment.
	Unusual bleedings, bruises	Use a soft toothbrush to avoid mouth bleedings. Avoid using a rectal thermometer. Do not take aspirin nor anti-inflammatory like ibuprofen without medical advice. In case of nose bleedings, tilt your head forward while pressing your nostrils slightly.
	Signs of infection : fever, shivers, cough, sore throat, urinary burns	Limit contacts with people with a contagious infection, if possible. Wash your hands frequently . Disinfect any wound carefully. Make the blood tests prescribed by your doctor. If you have a fever over 38°, call your doctor.
	Fatigue, dizziness, headaches	Favor healthy food and remember to hydrate well. Respect moments of rest during the day, while remaining active, even moderately. In case of important pains, contact your doctor to set up a symptomatic treatment. Be prydent if you have to drive.

Only some of the most frequent side effects are mentionned above. For further information, refer to your packaging or ask your doctor or pharmacist for advice.



You can also ask your questions to your center for side effects monitoring, or notify any side effect on the following site : signalement-sante.gouv.fr



In all cases, do not forget to make the biological tests prescribed by your doctor

WHAT TO DO IN CASE OF SIDE EFFECTS?

- Take the medication prescribed for side effects in accordance with the doses.
- Respect measures of prevention.

Useful contacts :

Remarks :

Promptly contact your doctor in case of :

- Changes in the skin or mucous membranes
- Sight troubles (blurred vision, red or irritated eyes)
- Blood in motions, in urines or in spittings
- Fever over 38°
- Heart problems (palpitations, swelling in legs)
- Abdominal pains and dark urines.
- Any persisting or worsening side effect.

